

## *Application for the* **Job Shadowing/Observation Program**



Dear Participant,

Thank you for sharing your interest in Athens-Limestone Hospital's Job Shadowing/ Observation Program through the Education Department. The goal of our program is to provide experiential learning opportunities to help you learn about health careers. Although program participants will have the opportunity to see, first hand, the healthcare workplace and the day-to-day work of professionals in the health care field; participants are not permitted to take part in hands-on patient care.

There are a few key facts about the Job Shadowing Program that you need to know:

1. **Eligibility**

Participants must meet the minimum age requirement of 15 years of age, or be at least a High School junior in order to be eligible to participate in the program.<sup>1</sup> Medical professionals are also eligible for the Job Shadowing/ Observation Program with the understanding that the program is an observation only experience and not hands-on delivery of care.

2. **Shadowing Time**

- The Job Shadowing/Observation Program allows a student or medical professional to shadow/observe in one unit or department for a total of up to **12 hours**.
- Students/ professionals who have already identified a hospital employee willing to host them, may begin once they have submitted: a completed Job Shadowing Application, current TB Skin Test, and picked-up a Shadowing badge from the Education Department. It will be up to them to schedule their Shadowing time with the hospital employee.
- For participants that need assistance in finding an employee match to shadow, this service is limited to the months of **May, June, July, and December**. Shadower placement matching takes **5 working days**, from the time the completed application and TB test are submitted to the Education Department.
- Each Shadowing match between a student and an employee (medical professional) is based on a careful process. The Education Department will make every attempt to provide an experience in one of the three areas of interest submitted by a student on the application. Availability and schedule limitations within our organization also play into determining placement opportunities.

3. **Pre-requisites for Participation in the Program**

Prior to beginning a Shadowing experience applicants must provide the following to the Education Department:

- A completed **Job Shadowing/Observation Application**. If the student needs to be matched the student needs to be sure to include three areas of career interest and the student's dates/times of availability to shadow. The application form includes several sections that must be complete and signed:
  - A **HIPAA** (Health Insurance Portability and Accountability Act) **Test**
  - A **Affirmation Statement**
  - A **Dress and Appearance Policy Form**
  - A **Hold Harmless Form**
- A **Current, Negative Tuberculin (TB) skin test** from your doctor or student health center is also required. The test should be **read within a year to be valid**. Please note, the TB Skin test process takes 48 hours between the TB injection and the reading by a physician. Include the certificate of results from your family physician or other primary care provider. For a fee, Medical East Urgent Care is another local resource for TB skin testing (located on Highway 72 East).

The Program **does not match students to physicians or physician assistants (PA)**. If an applicant has made their own arrangements to shadow/observe a physician or physician assistant, the same pre-requisites apply. Applicants need to submit their **completed Job Shadowing/Observation Application and current TB Skin Test** to the Education Coordinator, Stephanie Ritter. Once we receive your complete paperwork you can obtain a badge from the Education Department located on the 2<sup>nd</sup> floor of the hospital. Your packet can be faxed to (256) 233-9565, dropped off, emailed to [shirlm@alhnet.org](mailto:shirlm@alhnet.org) or mailed to our office at the following address:

**Attention: Shirl Moyers**

c/o Athens-Limestone Hospital, 700 West Market Street, Athens, AL 35611

**Fees:** Participants will need to be prepared to pay a **\$20.00 cash deposit** to check out their program badge. The participant will need to return the badge when finished, and at that time the \$20.00 deposit will be returned. For students needing a match a **5 working day** period is needed to find a match, and we will contact you once the match is identified. If you have any questions, contact us at (256) 233-9537 or email at [shirlm@alhnet.org](mailto:shirlm@alhnet.org).

We look forward to helping you explore your career options in healthcare, and hope your experience will be rewarding.

Regards,

*Shirl Moyers, BSN, RN, CEN, SANE-A, SANE-P*

Office Use: Completed Requirements:

<sup>1</sup> The minimum age requirement may be higher and a referral required in some areas.

## Shadowing/Observation Application

Deliver to the Education Department located on the 2<sup>nd</sup> floor of the hospital, email to [shirlm@alhnet.org](mailto:shirlm@alhnet.org) or return by fax: (256) 233-9565

<input type="checkbox"/> Affirmation Statement	<input type="checkbox"/> TB Skin Test
<input type="checkbox"/> Waiver	<input type="checkbox"/> HIPAA Test
Today's Date: ___/___/___	
<input type="checkbox"/> TB Skin Test Expires: ___/___/___	
<input type="checkbox"/> Entered in Spreadsheet	<input type="checkbox"/> Scanned
Start Date ___/___/___	
Badge # _____	<input type="checkbox"/> Cash Payment Received

Name (Please print clearly): \_\_\_\_\_

(Minimum Age to participate is 15)

How Old Are You? \_\_\_\_\_

Birth date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Month Day Year

Type:  Student

Non-student observer

High school student? Name of School: \_\_\_\_\_

Immunizations; in the last year I have:

Had a flu shot; Date \_\_\_/\_\_\_/\_\_\_

Have not gotten a flu shot

College student? Name of School: \_\_\_\_\_

If Applicant is under the age of 18,

Name of Parent/Guardian & Relationship: \_\_\_\_\_

Licensed Professional? Employer: \_\_\_\_\_

Phone # of Parent/Guardian: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

Preferred Phone #: ( ) \_\_\_\_\_

### Schedule Preference:

Please include the days of the week, the dates, and hours you would be available to shadow. Participants may shadow in an area up to **12** hours. Corporate University arranges Shadowing matches only during the months of **May, June, July, and December**, and you should receive a reply within 5 business days if matching is required.

Days of the week you are available (Circle all that apply to you):	Date/Hours Available:
Monday Tuesday Wednesday Thursday Friday Saturday Sunday	Date: _____ Hours: _____

### What date would you like to start?

\_\_\_/\_\_\_/\_\_\_ Shadowers requiring an employee match may choose between **May, June, July, and December**.

\_\_\_/\_\_\_/\_\_\_ Shadowers with \*pre-arranged experiences may submit the application (w/TB screening), check-out a badge and begin with the employees' approval.

Name the Health Care profession you are interested in Shadowing/Observing (We do not match to Physicians or Physicians Assistants):

Choice 1.) \_\_\_\_\_

Choice 2.) \_\_\_\_\_

Choice 3.) \_\_\_\_\_

### For \*Pre-Arranged Shadowers:

If you have already talked to a physician or Huntsville Hospital employee who agreed to host you, please provide:

Physician or Employee's Name: \_\_\_\_\_ Unit/Area or Specialty: \_\_\_\_\_

Phone: \_\_\_\_\_ (Phone # is Required information) Email address: \_\_\_\_\_

### Badge Fees:

All program candidates must check out and wear a program badge during their Job Shadowing/Observation time. **The badge must be returned once the shadowing/observation is completed.** A **\$20.00 badge deposit in the form of cash or check** is required when checking out the badge. This fee is returned once the candidate returns the badge. Shadower/Observation candidates must be escorted and wear their badge at all times on campus. Badges can be checked out from the Education Department located on the 2<sup>nd</sup> floor of the hospital on regular business days, Monday through Friday; 8:00am – 4:00pm.

### Parking:

If you are a Shadowing/ Observing participant on the Athens-Limestone Hospital campus, you need to plan to park in visitor parking.

I have read and understand the cover letter & application information.

**Candidate Signature:** \_\_\_\_\_

**Date Submitted:** \_\_\_\_\_

(Signature verifies that the participant has read the above statement & understands the guidelines for Shadowing/Observation Program.)

# HIPAA Fundamentals Training

## Introduction

- At Athens-Limestone Hospital, privacy of patient information has always been considered a basic right.
- What can happen when protected health information is inadvertently exposed? Personal harm to individuals, embarrassment, community mistrust, lawsuits, etc...

## What is HIPAA

- HIPAA stands for **Health Insurance Portability and Accountability Act**. HIPAA is a relatively new federal law that protects Protected Health Information, or **PHI**.
- The law allows for penalties such as fines and/or prison for people caught violating patient privacy.
- HIPAA Privacy Regulations became **effective in April 2003** and the Security Regulation in April 2006.
- Part of our compliance with the HIPAA law is to provide the required awareness training for employees and workforce members.

## Protected Health Information

- Protected Health Information (PHI) is **about patient information – whether it is spoken, written, or on the computer**. It includes health information about our patients. It can be information as simple as their name.
- Certainly we can share PHI when it is part of our job to do so, but beyond that you may have broken the law if you share patient information.

## Need to Know

- A good way to determine if you should share patient data is to ask yourself... **“Do I or others need this information to do the job?”** Use this little test before you look at patient information or share it with others.
- Sometimes you may inadvertently hear or see information that you don’t need to know. If so, just keep it to yourself.

## Dispose of PHI Properly

- Trash and garbage bins are another place that might contain PHI. Be sure to dispose of patient lists and other documents that contain PHI in non-public areas.
- **If you see PHI in the trash in public areas, notify the supervisor immediately.**
- If you transport PHI, make sure it is secure when not in your sight, such as a locked vehicle.

## The Privacy Officer

- **At ALH we have a person responsible for insuring that privacy is maintained – The Privacy Officer.** However, no one person

can know if we have a possible threat in every area of such a large organization.

- Each of us must do our part to protect patient information. **You should always report possible privacy problems to the manager in your area or to the Privacy Officer.**

## Co-Workers, Friends, and Family

**Situation: You hear about a friend that has had surgery, so you call a nurse on that floor to find out the details.**

- Friends and co-workers deserve the right to privacy just like any other patient. You cannot seek or share patient information for personal reasons. You may only obtain/share information that you need to know to do your job.
- **You may personally ask the individual you know about their condition, and it is their choice what to share with you.**
- You may also ask their permission to share their information with a common friend, but you should never do this without their permission.

## “Don’t be Curious”

**Situation: You like to look at the patient directory or surgery schedule daily to see if you know anyone.**

- This is not within the scope of your job at this hospital.
- You are in violation of HIPAA laws and Huntsville Hospital policies.

## Respect the Privacy of Patients

**Situation: You are working in an area where caregivers are discussing health information with a patient, a family member, or another caregiver.**

- You can ask if you need to leave the area.
- You may quickly finish your task and leave.
- You must keep any health information you overhear to yourself.

## Protect information in your Possession

**Situation: In the process of doing your job, you use a list that contains patient names and possibly other patient information.**

- You should keep the information in your possession at all times.
- You should make sure that it is protected from others who would not need the information.
- You can turn it over so the information can’t be viewed.
- You **should make sure when you are finished with the information that you have disposed of it properly.**
- Your supervisor may give you instructions for disposal of PHI.

## HIPAA Fundamentals Test

This completes the fundamental overview of the HIPAA regulations. You now know and are responsible for what is required of you as an observer at Athens-Limestone Hospital.

- HIPAA laws also require that we keep a record to show that you have been trained in patient privacy. You should now take the HIPAA FUNDAMENTALS TEST.

## Shadowing/Observation Program – HIPAA Fundamentals Test

Name \_\_\_\_\_

Date \_\_\_\_\_

- \_\_\_ 1. HIPAA stands for:
- Health Information Protection Agency Association
  - Human Instinct Protection Association Awareness
  - Health Insurance Portability and Accountability Act
- \_\_\_ 2. PHI stands for:
- Patient Health Initiatives
  - Personal Health Institute
  - Protected Health Information
- \_\_\_ 3. The Privacy HIPAA law became effective:
- As soon as everyone in our hospital is trained
  - April 2002
  - April 2003
  - December 2002
- \_\_\_ 4. Patient Information is protected when it is:
- Spoken
  - Written
  - On the computer
  - All of the above
- \_\_\_ 5. If you are in a public area and you see PHI in the trash, you should:
- Report this to a supervisor
  - Dispose of it properly
  - Show it to a friend
  - Both a. & b.
- \_\_\_ 6. The Privacy Officer is responsible for:
- Checking the trash
  - Pulling medical records of patients
  - Making sure Athens-Limestone Hospital protects patient information
- \_\_\_ 7. You should ask yourself before you view or share patient information:
- Is this a personal friend or a relative not under my care?
  - Will anyone see me reading this?
  - Do I need this to do my job at Huntsville Hospital?
- \_\_\_ 8. Patient information that I use for my job:
- Isn't important to anyone else
  - Should be protected until I have disposed of it properly
  - Is the responsibility of my manager
- \_\_\_ 9. If I want to know about a friend that I see in the hospital, I should:
- Look at their medical record
  - Ask the nurse
  - Ask the individual
- \_\_\_ 10. If you see another person violating the HIPAA Privacy Laws or the ALH Policies:
- You should ask them to stop
  - Ignore it and mind your own business
  - Report it to your manager or the privacy office (256-262-2142)

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### Minimal Safety Orientation

For non-ALH staff, or those here for a short time, the following minimal safety orientation applies:

- CODE RED**- Fire and the immediate response to fire  
**R= RESCUE**- persons in Immediate Danger  
**A= ALERT**- others, pull fire alarm and dial x-1476  
**C= CONFINE**- close doors to limit oxygen  
**E= EXTINGUISH or EVACUATE**- determined by the person discovering the fire
- CODE PINK**- is called if an infant is missing or the abduction alarm has been operated. If spotted call x-1476
- CODE AMBER**- is called if a person is missing. If spotted call x-1476
- CODE GREEN**- is related to the disaster plan being Alerted or Activated. Check with leadership for process.
- CODE BLACK**- is called if there is a bomb threat. If spotted do not touch and call x-1476
- ACTIVE SHOOTER**- Active shooter spotted on campus. If spotted call x-1476
- SEVERE WEATHER**- Tornado in the area of the hospital. Move all patients and visitors from windows and into the hallways.

You should know the location of the following in your area: Emergency Exits, Fire Extinguishers, Fire Alarm Pulls

## Shadowing/Observation Program – Affirmation Statement on Security & Privacy of Information

### HIPAA Fundamentals

HIPAA stands for Health Insurance Portability and Accountability Act. HIPAA is a federal law that was enacted in 2003, which protects Protected Health Information or PHI for patients. The law allows for penalties such as fines and/or prison for people caught violating patient privacy.

Protected Health Information, or PHI, is any patient information – whether it is spoken, written, or on the computer. PHI includes health information about patients in the hospital, and it can be as simple as their name. PHI cannot be shared outside of the hospital, even if you see the information in a public area like the trash. If witness PHI being shared, it needs to be reported to Athens-Limestone Hospital's Privacy Officer at 256-262-2142.

### Affirmation Statement

**I, the undersigned, have read and understand the Athens-Limestone Hospital policy on confidentiality of protected health information as described in the HIPAA Fundamentals Policy, which is in accordance with applicable state or federal law.**

I also acknowledge that I am aware of and understand the policies of Athens-Limestone Hospital regarding the security of protected health information including the policies relating to the use, collection, disclosure, storage and destruction of protected health information. This protection includes proprietary information.

In consideration of my employment or association with Athens-Limestone Hospital, and as an integral part of the terms and conditions of my employment or association, I hereby agree, pledge and undertake that I will not at any time, during my employment or association with Athens-Limestone Hospital, or after my employment or association ends, access or use protected health information, or reveal or disclose to any persons within or outside Athens-Limestone Hospital, any protected health information except as may be required in the course of my duties and responsibilities and in accordance with applicable legislation and policies governing proper release of information.

I understand that user identification codes and passwords are not to be disclosed (or shared), nor should any attempt be made to learn or use another employee's code.

If I am an instructor, I understand that I assume responsibility for the actions of the students under my supervision to comply with the Security and Privacy of Information Policy.

If I am an employer, I understand that I assume responsibility for the actions of my employees to comply with the Security and Privacy of Information Policy.

**Training:** Members of the workforce receive required education concerning security and privacy during new Employee Orientation and during annual required training or upon commencement of the association. Any updates or changes to policies will be communicated via staff meetings, intranet and/or mandatory requirements tests.

**Corporate Compliance:** It is the responsibility of all employees and those associated with Athens-Limestone Hospital to uphold all applicable laws and regulations. All employees must develop an awareness of the legal requirements and restrictions applicable to their respective positions and duties. The hospital has a corporate compliance program to further such awareness and to monitor and promote compliance with such laws and regulations. I am not aware of any violations of applicable laws or regulations and agree to report any violations to the Corporate Compliance Officer. Any questions about the legality or propriety of actions undertaken on or behalf of the Hospital should be referred immediately to the appropriate supervisory personnel, or to the Corporate Compliance Officer.

**Excluded Party Status:** I affirm that I am not an excluded party from participating in Federal health programs, nor am I under investigation which may lead to such sanctions.

**Computer Applications:** I further understand that I may be provided access to certain hardware and software applications, some of which may be proprietary to their respective vendors. I agree to keep the hardware and software applications confidential, to not disclose to third parties, and to use such hardware and software applications only for the benefit of Athens-Limestone Hospital.

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**I understand that violation of this affirmation statement could result in disciplinary action up to and including termination of employment/contract/ association/appointment, the imposition of fines pursuant to HIPAA, and a report to my professional regulatory body.**

PRINT NAME: \_\_\_\_\_

School or Organization Name (if applicable): \_\_\_\_\_

SIGNATURE: X \_\_\_\_\_ DATE: \_\_\_\_\_

06/2017

## The Healthcare Authority of the City of Huntsville d/b/a Athens Limestone Hospital

### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

1. In consideration for receiving permission to participate in Athens-Limestone Hospital's Job Shadowing, Medical Venturing, or Internship or other Healthcare Observation Program (hereafter referred to as "the Program"), I hereby release, waive, discharge and covenant not to sue Athens-Limestone Hospital, its officers, servants, agents and employees (hereinafter referred to as "releasees") from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or relating to any loss, damage or injury, including death, that may be sustained by me, or to any property belonging to me, whether caused by the negligence of the releasees, or otherwise, while participating in the Program, or while in, on or upon the premises where the Program is being conducted, while in transit to or from the premises, or in any place or places connected with the Program.
2. I am fully aware of risks and hazards connected with being on the premises and participating in the Program, and I am fully aware that there may be risks and hazards unknown to me connected with being on the premises and participating in the Program, and I hereby elect to voluntarily participate in the Program, to enter upon the above named premises and engage in activities knowing that conditions may be hazardous, or may become hazardous or dangerous to me and my property. I voluntarily assume full responsibility for any risks of loss, property damage or personal injury, including death, that may be sustained by me, or any loss or damage to property owned by me, as a result of my being a participant in the Program, whether caused by the negligence of releasees or otherwise.
3. I further hereby agree to indemnify and save and hold harmless the releasees and each of them, from any loss, liability, damage or costs they may incur due to my participation in the Program, whether caused by the negligence of any or all of the releasees, or otherwise.
4. It is my express intent that this Release shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a Release, Waiver, Discharge and Covenant Not to Sue the above named releasees.

In signing this release, I acknowledge and represent that:

- A. I have read the foregoing release, understand it, and sign it voluntarily as my own free act and deed;
- B. No oral representation, statements or inducements, apart from the foregoing written agreement, have been made;
- C. I, my parent or guardian is at least eighteen (18) years of age and fully competent;
- D. I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

In witness whereof, I have hereunto set my hand and seal this \_\_\_ day of \_\_\_\_\_, \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Name Printed: \_\_\_\_\_

Parent or Guardian Signature (if participant is under 18 years of age): \_\_\_\_\_

Parent/ Guardian Name Printed: \_\_\_\_\_

## Shadowing/Observation Program – Dress and Appearance Policy

Athens-Limestone Hospital's Job Shadowers/Observers have a responsibility to adhere to the hospital's dress policy. Therefore, your attire, grooming, and personal hygiene are critically important. **Shadowers/Observers are to wear a white shirt and khaki skirt or pants.** We require that you observe the following specific standards regarding personal appearance and neatness while shadowing/observing in the hospital

### Clothing/ Attire

- **Shirts, Blouses, Dresses & Skirts** – Shadowers should wear shirts, blouses or dresses with sleeves. Sleeves may be short (to the mid-bicep) or long sleeved. No sheer or sleeveless tops are permitted and no plunging necklines or cleavage should be showing. Lengths of dresses and skirts cannot be shorter than three inches above the knee. Dresses or skirts should not be clinging or tight.
- **Undergarments** – Lingerie, t-shirts or briefs should be covered by clothing.
- **Pants** – No shorts, blue jeans or work-out/sports clothing. Pants and tops should not reveal the midriff or back area.
- **Hair** is to be clean, well groomed, and a natural color (i.e. no pink, orange, blue). No distracting extremes in hair styling, dyeing, bleaching, or coloring is permitted. Shaving designs into the hair and Mohawks are not permitted. Hair and hair accessories must not be distracting or extreme. Hair below shoulder length should be confined if it falls forward over the face.
- **Hosiery** – Shadowers should wear complementary socks or hosiery.
- **Shoes** – Clean, closed-toe shoes should be worn with the heel not exceeding 3" high.
- **Scrubs** – Some Shadowing/observation locations may require participants to wear scrubs. Participants will be informed if scrubs are required for their Shadowing area.

### Jewelry/ Adornment

- **Fingernails** - Shadowers should not have artificial nails (which include acrylic/gel overlays, acrylic/gel nails, wraps, tips, and nail strengthener or hardener that is not removable by acetone. Fingernails should not exceed ¼ inch from the tip of their finger or have extreme nail art, or colors like black or orange.
- **Earrings** - No more than two earrings per earlobe are allowed. Earrings must not be larger than a quarter and are not permitted on the top of the ear or in the cartilage above the earlobe.
- **Rings** - No more than two rings per hand are allowed.
- **Bracelets and Necklaces** - Two necklaces and two bracelets are permitted.
- **Body Piercing** - Visible body piercing other than earrings is not permitted; this includes tongue piercing and forking, eyebrow piercing, and nose rings.
- **Tattoos** - Applicant should wear clothing that covers tattoos.

### Hygiene

- Personal Hygiene is considered very important. Showering and the use of antiperspirant/ deodorant is required.
- Strong perfume or fragrances of any kind are not permitted. All fragrances are discouraged.
- Smoking is not permitted on the Hospital campus. Those using tobacco products must take measures to eliminate smoke odor from clothing, skin, and breath.

The Dress and Appearance Policy applies to Job Shadowers/Observers who are wearing a Hospital badge.

**I have read and understand the Dress and Appearance policy.**

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_